

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helen Grobler**

Has successfully participated & completed the  
**10km Prestige Trail Run Series #1 - TAF Edition**

held at Tierpoort Adventure Farm.

**TIME 01:19:55**

**PACE 07:58/km**  
**OVERALL 140 of 229**

**GENDER 59 of 125**  
**40 - 49 19 of 35**

07 July 2019, Sun

Date



*BoutTime*

Signature

